

SDUIH SIOUX FALLS ACTIVITIES CALENDAR

NOVEMBER

Chanwape Kasna Wi

The moon of falling leaves

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Wellbriety Talking Circle 6 PM VIRTUAL (ZOOM)	3 Wellbriety Meeting 11 AM - 12:30 PM VIRTUAL (ZOOM) Crafts @ the Clinic 12:00 - 2:00 PM Traditional Room @ SDUIH	4 Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral Wellbriety Recovery Group 7 PM VIRTUAL (ZOOM)	5 Red Road Talking Circle 12:15 PM @ St. Francis House Beading + Sewing 6-8 PM Prayer Songs Class 6-7:30 pm Red Road Ašniyapi Ošpaye 8 PM	6 **All are welcome!** @ Tiospaye Wakan Calvary Cathedral 500 S. Main Ave. (13th St entrance)	7
8	9 Wellbriety Talking Circle 6 PM VIRTUAL (ZOOM)	10 Wellbriety Meeting 11 AM - 12:30 PM VIRTUAL (ZOOM) Crafts @ the Clinic 12:00 - 2:00 PM Traditional Room @ SDUIH	11 **SDUIH WILL BE CLOSED FOR VETERANS DAY**	12 Red Road Talking Circle 12:15 PM @ St. Francis House Beading + Sewing 6-8 PM Prayer Songs Class 6-7:30 pm Red Road Ašniyapi Ošpaye 8 PM	13 **All are welcome!** @ Tiospaye Wakan Calvary Cathedral 500 S. Main Ave. (13th St entrance)	14
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22	23 Wellbriety Talking Circle 6 PM VIRTUAL (ZOOM)	24 Wellbriety Meeting 11 AM - 12:30 PM VIRTUAL (ZOOM) Crafts @ the Clinic 12:00 - 2:00 PM Traditional Room @ SDUIH	25 **SDUIH WILL BE CLOSING AT NOON TODAY FOR THANKSGIVING HOLIDAY**	26 **SDUIH WILL BE CLOSED TODAY FOR THANKSGIVING HOLIDAY**	27 **SDUIH WILL BE CLOSED TODAY FOR THANKSGIVING HOLIDAY**	28
29	30 Wellbriety Talking Circle 6 PM VIRTUAL (ZOOM)					

Info for Virtual Meetings
Zoom Meeting: 813 3235 9090
Passcode: 123456
https://bit.ly/SDUIHrecovery

SDUIH
South Dakota Urban Indian Health
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INTEGRATED CARE FOR ALL

Contact SDUIH at 605-339-0420 with questions.
Groups will meet at the locations noted above.
We have relocated from our Phillips Ave. location. We thank our community partners for sharing their space with us and our relatives!
Visit our events page to view our interactive calendar!
https://sduih.org/events/sioux-falls-calendar/

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CULTURAL GROUP ACTIVITIES

BEADING + SEWING

Join us for coffee, laughter, and traditional craft making! Open to the community. Enjoy a nice cup of coffee and work on traditional crafts, like beading and sewing, with help from the experts.

Facilitator: Ebony Tiger

Tiospaye Wakan @ Calvary Cathedral
500 S. Main Ave., Sioux Falls SD 57104

Wednesday, 11am - 1 pm
Thursday, 6 - 8 pm

RED ROAD TALKING CIRCLE

Talking Circles are rooted in Native American traditions and offer a place for individuals to connect with themselves and others through dialogue and storytelling. All are welcome to join this safe space to share their thoughts, feelings, and experiences of recovery.

Red Road Talking Circles, regardless of location, are open to anyone from the community!

Location

- **St. Francis House;** Facilitator: Nikki Schoffelman
  210 N. Sherman Ave, Sioux Falls SD 57103
- **Tiospaye Wakan @ Calvary Cathedral;** Facilitator: Nikki Schoffelman
  500 S. Main Ave., Sioux Falls SD 57104 (Use 13th St. entrance)

PRAYER SONGS

This class will run a 8-10 weeks. Relatives will have the opportunity to learn 10 Lakota/Dakota songs. Open to all

Facilitator: Michael O'Connor

TIOSPAYE WAKAN CALVARY CATHEDRAL
500 S. Main Ave., Calvary Cathedral
Thursday 6:00 - 7:30 pm

WELLBRIETY

Wellbriety is a 12-Step meeting and recovery program developed by White Bison. Rooted in the teachings of Medicine Wheel, The Cycle of Life, and the Four Laws of Changes, this group is open to everyone. Open to all.

- **VIRTUAL;** Facilitator: Michael O'Connor

To join meeting, use the meeting ID, link, or scan the QR code.

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Passcode: 123456
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To use a phone to call in, dial: 1-669-444-9171

Mondays, 6pm
Tuesdays, 11am
Wednesdays, 7pm