



SDUIH SIOUX FALLS ACTIVITIES CALENDAR

# MARCH

Isthawichayanan Wi  
The Moon of sore eyes

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 ● Wellbriety Talking Circle 6 PM VIRTUAL (ZOOM)	3 ● Wellbriety Meeting 11 AM - 12:30 PM VIRTUAL (ZOOM) ● Crafts @ the Clinic 12:00 - 2:00 PM Traditional Room @ SDUIH	4 ● Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral ● Wellbriety Recovery Group 7 PM VIRTUAL (ZOOM)	5 ● Red Road Talking Circle 12:15 PM @ St. Francis House ● Prayer Songs Class 6-7:30PM ● Beading + Sewing 6-8 PM ● Red Road Ašniyapi Ošpaye 8 PM	6 <b>Location:</b> Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	7
8	9 ● Wellbriety Talking Circle 6 PM VIRTUAL (ZOOM)	10 ● Wellbriety Meeting 11 AM - 12:30 PM VIRTUAL (ZOOM) ● Crafts @ the Clinic 12:00 - 2:00 PM Traditional Room @ SDUIH	11 ● Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral ● Wellbriety Recovery Group 7 PM VIRTUAL (ZOOM)	12 ● Red Road Talking Circle 12:15 PM @ St. Francis House ● Prayer Songs Class 6-7:30PM ● Beading + Sewing 6-8 PM ● Red Road Ašniyapi Ošpaye 8 PM	13 <b>Location:</b> Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	14
15	16 ● Wellbriety Talking Circle 6 PM VIRTUAL (ZOOM)	17 ● Wellbriety Meeting 11 AM - 12:30 PM VIRTUAL (ZOOM) ● Crafts @ the Clinic 12:00 - 2:00 PM Traditional Room @ SDUIH	18 ● Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral ● Wellbriety Recovery Group 7 PM VIRTUAL (ZOOM)	19 ● Red Road Talking Circle 12:15 PM @ St. Francis House ● Prayer Songs Class 6-7:30PM ● Beading + Sewing 6-8 PM ● Red Road Ašniyapi Ošpaye 8 PM	20 <b>Location:</b> Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	21
22	23 ● Wellbriety Talking Circle 6 PM VIRTUAL (ZOOM)	24 ● Wellbriety Meeting 11 AM - 12:30 PM VIRTUAL (ZOOM) ● Crafts @ the Clinic 12:00 - 2:00 PM Traditional Room @ SDUIH	25 ● Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral ● Wellbriety Recovery Group 7 PM VIRTUAL (ZOOM)	26 ● Red Road Talking Circle 12:15 PM @ St. Francis House ● Prayer Songs Class 6-7:30PM ● Beading + Sewing 6-8 PM ● Red Road Ašniyapi Ošpaye 8 PM	27 <b>Location:</b> Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	28
29	30 ● Wellbriety Talking Circle 6 PM VIRTUAL (ZOOM)	31 ● Wellbriety Meeting 11 AM - 12:30 PM VIRTUAL (ZOOM) ● Crafts @ the Clinic 12:00 - 2:00 PM Traditional Room @ SDUIH ● BINGO 2 PM @ Traditional RM, SDUIH 1200 N West Ave	<div data-bbox="808 1696 1240 1814" data-label="Text"> <p><b>Info for Virtual Meetings</b> Zoom Meeting: 813 3235 9090 Passcode: 125456 <a href="https://bit.ly/SDUIHrecovery">https://bit.ly/SDUIHrecovery</a></p> </div>			

Contact SDUIH at 605-339-0420 with questions.

Groups will meet at the locations noted above.

Thanks to our community partners for sharing their space with us and our relatives!

Visit our events page to view our interactive calendar!

<https://sduih.org/events/sioux-falls-calendar/>

Upcoming Events:  
Bingo on Tuesday,  
March 31



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# CULTURAL GROUP ACTIVITIES

## BEADING + SEWING

Join us for coffee, laughter, and traditional craft making! Open to the community. Enjoy a nice cup of coffee and work on traditional crafts, like beading and sewing, with help from the experts.

**Facilitator: Ebony Tiger**

Tiospaye Wakan @ Calvary Cathedral      Wednesdays, 11am - 1pm  
500 S. Main Ave., Sioux Falls SD 57104      Thursdays, 6 - 8pm

## RED ROAD TALKING CIRCLE

Talking Circles are rooted in Native American traditions and offer a place for individuals to connect with themselves and others through dialogue and storytelling. All are welcome to join this safe space to share their thoughts, feelings, and experiences of recovery.

**Red Road Talking Circles, regardless of location, are open to anyone from the community!**

### Locations

- **St. Francis House;** Facilitator: Nikki Schoffelman  
210 N. Sherman Ave, Sioux Falls SD 57103  
Thursdays, 12:15pm
- **Tiospaye Wakan @ Calvary Cathedral;** Facilitator: Nikki Schoffelman  
500 S. Main Ave., Sioux Falls SD 57104 (Use 13th St. entrance)  
Thursdays, 8pm

## PRAYER SONGS

This class will run 8-10 weeks. Relatives will learn 10 Lakota/Dakota prayer songs. Open to all.

**Facilitator: Michael OConnor**

Tiospaye Wakan @ Calvary Cathedral  
500 S. Main Ave., Sioux Falls SD 57104 (Use 13<sup>th</sup> St Entrance)  
Thursdays, 6pm

## WELLBRIETY

Wellbriety is a 12-Step meeting and recovery program developed by White Bison. Rooted in the teachings of Medicine Wheel, The Cycle of Life, and the Four Laws of Changes, this group is open to everyone. Open to all.

### Location

- **VIRTUAL;** Facilitator: Michael O'Connor

To join meeting, use the meeting ID, link, or scan the QR code.

Zoom Meeting ID: 813 3235 9090  
Passcode: 123456  
<https://bit.ly/SDUIHrecovery>

To use a phone to call in, dial: 1-669-444-9171

Mondays, 6pm  
Tuesdays, 11am  
Wednesdays, 7pm



bitly



# SDUIH PIERRE ACTIVITIES CALENDAR

# MARCH

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# 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	● Red Road 6-8 PM	● Buffalo Recovery Circle 12-1 PM ● Red Road Cultural Connection 1-3 PM ● Therapeutic Crafts 6-8 PM	● Red Road Cultural Connection 6-8 PM ● Inipi 8 PM	● Therapeutic Crafts 1-3 PM ● Spiritual Group 6-8 PM		● Inipi 5-10 PM
8	9	10	11	12	13	14
	● Red Road 6-8 PM	● Buffalo Recovery Circle 12-1 PM ● Red Road Cultural Connection 1-3 PM ● Therapeutic Crafts 6-8 PM	● Red Road Cultural Connection 6-8 PM ● Inipi 8 PM	● Therapeutic Crafts 1-3 PM ● Spiritual Group 6-8 PM		● Inipi 5-10 PM
15	16	17	18	19	20	21
	● Red Road 6-8 PM	● Buffalo Recovery Circle 12-1 PM ● Red Road Cultural Connection 1-3 PM ● Therapeutic Crafts 6-8 PM	● Red Road Cultural Connection 6-8 PM ● Inipi 8 PM	● Therapeutic Crafts 1-3 PM <b>Community Dinner 5:30 - 7 pm</b>		● Inipi 5-10 PM
22	23	24	25	26	27	28
	● Red Road 6-8 PM	● Buffalo Recovery Circle 12-1 PM ● Red Road Cultural Connection 1-3 PM ● Therapeutic Crafts 6-8 PM	● Red Road Cultural Connection 6-8 PM ● Inipi 8 PM	● Therapeutic Crafts 1-3 PM ● Spiritual Group 6-8 PM		● Inipi 5-10 PM
29	30	31				
	● Red Road 6-8 PM	● Buffalo Recovery Circle 12-1 PM ● Red Road Cultural Connection 1-3 PM ● Therapeutic Crafts 6-8 PM				

Contact Leta Wise Spirit at 605-403-9154 with questions

Groups will meet at SDUIH Pierre Clinic.

339 S. Pierre Street | Pierre, SD 57501

Inipi is held at Waka Sica Reconciliation Site

Fort Pierre, SD 57501

\*Pending weather conditions

## UPCOMING EVENTS:

Community Dinner  
and Craft will be held on  
Thursday, March 19



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# CULTURAL GROUP ACTIVITIES

## INIPI

Inipi sweat purification ceremony is open to all community members seeking spiritual connection. During Inipi, we will be mindful of those in attendance, taking care that all of our relatives feel safe. Please do not attend if you are on your moon time.

*Inipi is open to men, women, children, Two-Spirit, and gender diverse community members seeking spiritual connection.*

**Facilitator: Leta Wise Spirit**

## RED ROAD APPROACH

Red Road Approach recovery groups offer a cognitive and experiential curriculum on Native American/Indigenous philosophies, activating the spirit for individuals, families, and communities. Participants will be guided through lessons on the impacts of alcohol and drugs on the mind, body, and spirit. This curriculum is a 10-week adult program that meets on a weekly basis.

**Facilitator: Leta Wise Spirit**

## THERAPEUTIC CRAFTS

Join us for coffee, laughter, and traditional craft making! Open to the community. Enjoy a nice cup of coffee and work on traditional crafts, like beading and sewing, with help from the experts.

**Facilitator: Leta Wise Spirit**

## POSITIVE INDIAN PARENTING

Positive Indian Parenting (PIP) is an 8-week parent training class for Indigenous parents, caregivers, and non-Native foster parents Indigenous children, and others who strive to be more positive in their approach to parenting. PIP offers participants a structured exploration of traditional American Indian and Alaska Native values concerning parents and helps participants apply those values in a modern setting.

**Facilitator: Leta Wise Spirit**

## SPIRITUAL GROUP

Join us for a safe space for those seeking support, healing, and a time to connect with others in the community. Members will be guided through topics such as cultural values, language, and continued self-healing. All are welcome.

**Facilitator: Leta Wise Spirit**

## BUFFALO RECOVERY CIRCLE

If you are experiencing substance use disorder (SUD), we invite you to join us each week in a confidential setting to share your experience and support other group members on your journey to recovery. Alcoholics Anonymous follows a 12-step program. Anyone is welcome.

**Facilitator: Randi Spaid, CAC**