



# SDUIH PIERRE ACTIVITIES CALENDAR JANUARY

**Wiotherhika Wi**  
*The Moon when the sun is scarce*

## 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 <b>SDUIH CLOSED FOR NEW YEAR'S</b>	2 <b>SDUIH CLOSED FOR NEW YEAR'S</b>	3  ● Inipi 5-10 PM
4	5  ● Red Road 6-8 PM	6  ● Buffalo Recovery Circle 12-1 PM ● Red Road Cultural Connection 1-3 PM ● Therapeutic Crafts 6-8 PM	7  ● Red Road Cultural Connection 6-8 PM ● Inipi 8 PM	8  ● Therapeutic Crafts 1-3 PM ● Spiritual Group 6-8 PM	9	10  ● Inipi 5-10 PM
11	12  ● Red Road 6-8 PM	13  ● Buffalo Recovery Circle 12-1 PM ● Red Road Cultural Connection 1-3 PM ● Therapeutic Crafts 6-8 PM	14  ● Red Road Cultural Connection 6-8 PM ● Inipi 8 PM	15  ● Therapeutic Crafts 1-3 PM ● Spiritual Group 6-8 PM	16	17  ● Inipi 5-10 PM
18	19 <b>SDUIH CLOSED FOR MLK DAY</b>	20  ● Buffalo Recovery Circle 12-1 PM ● Red Road Cultural Connection 1-3 PM ● Therapeutic Crafts 6-8 PM	21  ● Red Road Cultural Connection 6-8 PM ● Inipi 8 PM	22  ● Therapeutic Crafts 1-3 PM <b>Community Dinner 5:30 - 7 pm</b>	23	24  ● Inipi 5-10 PM
25	26  ● Red Road 6-8 PM	27  ● Buffalo Recovery Circle 12-1 PM ● Red Road Cultural Connection 1-3 PM ● Therapeutic Crafts 6-8 PM	28  ● Red Road Cultural Connection 6-8 PM ● Inipi 8 PM	29  ● Therapeutic Crafts 1-3 PM ● Spiritual Group 6-8 PM	30	31  ● Inipi 5-10 PM

**Contact Leta Wise Spirit at 605-403-9154 with questions**

Groups will meet at SDUIH Pierre Clinic.

339 S. Pierre Street | Pierre, SD 57501

Inipi is held at Waka Sica Reconciliation Site

Fort Pierre, SD 57501

*\*Pending weather conditions*

### UPCOMING EVENTS:

Community Dinner  
and Craft will be held on  
Thursday, January 22



**SDUIH**  
South Dakota Urban Indian Health  
est. 1987  
INTEGRATED CARE FOR ALL



SDUIH

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est. 1977

INTEGRATED CARE FOR ALL

# CULTURAL GROUP ACTIVITIES

## INIPI

Inipi sweat purification ceremony is open to all community members seeking spiritual connection. During Inipi, we will be mindful of those in attendance, taking care that all of our relatives feel safe. Please do not attend if you are on your moon time.

*Inipi is open to men, women, children, Two-Spirit, and gender diverse community members seeking spiritual connection.*

**Facilitator: Leta Wise Spirit**

## RED ROAD APPROACH

Red Road Approach recovery groups offer a cognitive and experiential curriculum on Native American/Indigenous philosophies, activating the spirit for individuals, families, and communities. Participants will be guided through lessons on the impacts of alcohol and drugs on the mind, body, and spirit. This curriculum is a 10-week adult program that meets on a weekly basis.

**Facilitator: Leta Wise Spirit**

## THERAPEUTIC CRAFTS

Join us for coffee, laughter, and traditional craft making! Open to the community. Enjoy a nice cup of coffee and work on traditional crafts, like beading and sewing, with help from the experts.

**Facilitator: Leta Wise Spirit**

## POSITIVE INDIAN PARENTING

Positive Indian Parenting (PIP) is an 8-week parent training class for Indigenous parents, caregivers, and non-Native foster parents Indigenous children, and others who strive to be more positive in their approach to parenting. PIP offers participants a structured exploration of traditional American Indian and Alaska Native values concerning parents and helps participants apply those values in a modern setting.

**Facilitator: Leta Wise Spirit**

## SPIRITUAL GROUP

Join us for a safe space for those seeking support, healing, and a time to connect with others in the community. Members will be guided through topics such as cultural values, language, and continued self-healing. All are welcome.

**Facilitator: Leta Wise Spirit**

## BUFFALO RECOVERY CIRCLE

If you are experiencing substance use disorder (SUD), we invite you to join us each week in a confidential setting to share your experience and support other group members on your journey to recovery. Alcoholics Anonymous follows a 12-step program. Anyone is welcome.

**Facilitator: Ellen Durkin, CSW-PIP, QMHP**