

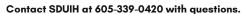
SDUIH SIOUX FALLS ACTIVITIES CALENDAR

# November

Waniyetu Wi The Winter Moon

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Zo	fo for Virtual Meet om Meeting: 813 3235 Passcode: 123456 tps://bit.ly/SDUIHrec	9090				1
2	<ul> <li>Wellbriety Talking Circle 6 PM VIRTUAL (ZOOM)</li> </ul>	Wellbriety Meeting 11 AM - 12:30 PM VIRTUAL (ZOOM)	5  Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral  Wellbriety Recovery Group 7 PM VIRTUAL (ZOOM)	Red Road Talking Circle 12:15 PM @ St. Francis House Prayer Songs Class 6-7:30PM Beading + Sewing 6-8 PM Red Road Ašniyapi Ošpaye 8 PM	Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	8
9	● Wellbriety Talking Circle 6 PM VIRTUAL (ZOOM)	SDUIH WILL BE CLOSED VETERANS DAY	Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral  Wellbriety Recovery Group 7 PM VIRTUAL (ZOOM)	13 • Red Road Talking Circle 12:15 PM @ St Francis House • Prayer Songs Class 6-7:30 PM • Beading + Sewing 6-8 PM • Red Road Ašniyapi Ošpaye 8 PM	Location: Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	15
16	Wellbriety Talking Circle 6 PM VIRTUAL (ZOOM)	Wellbriety Meeting 11 AM - 12:30 PM VIRTUAL (ZOOM)	Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan calvary Cathedral  Wellbriety Recovery Group 7 PM VIRTUAL (ZOOM)	Prayer Songs Class 6-7:30PM Beading + Sewing 6-8 PM Red Road Talking Circle 12:15 PM Brayer Songs Class 6-7:30PM Red Road Ašniyapi Ošpaye 8 PM	Location: Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	22
23	Wellbriety Talking Circle 6 PM VIRTUAL (ZOOM)	BINGO 2 PM @Traditional RM, SDUIH 1200 N West Ave  Wellbriety Meeting 11 AM - 12:30 PM VIRTUAL (ZOOM)	26 SDUIH will be closing at 2 pm for Thanksgiving  Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral	SDUIH will be closed for Thanksgiving and re-open on Dec. 1	28	coming Events:



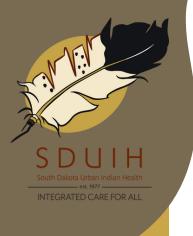
Groups will meet at the locations noted above.

Thanks to our community partners for sharing their space with us and our

SDUIH relatives!
Visit our events page to view our interactive calendar! https://sduih.org/events/sioux-falls-calendar/

ngo on Tuesday November 25





# GROUP ACTIVITIES CULTURAL

**BEADING** + **SEWING** Join us for coffee, laughter, and traditional craft

making! Open to the community. Enjoy a nice cup of coffee and work on traditional crafts, like beading and sewing, with help from the experts.

# Facilitator: Ebony Tiger

Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave., Sioux Falls SD 57104 Wednesdays, 11am - 1pm Thursdays, 6 - 8pm

# RED ROAD TALKING CIRCLE Talking Circles are rooted in Native

American traditions and offer a place for individuals to connect with themselves and others through dialogue and storytelling. All are welcome to join this safe space to share their thoughts, feelings, and experiences of recovery.

Red Road Talking Circles, regardless of location, are open to anyone from the community!

- St. Francis House; Facilitator: Nikki Schoffelman 210 N. Sherman Ave, Sioux Falls SD 57103 Thursdays, 12:15pm
- Tiospaye Wakan @ Calvary Cathedral; Facilitator: Nikki Schoffelman 500 S. Main Ave., Sioux Falls SD 57104 (Use 13th St. entrance) Thursdays, 8pm

# PRAYER SONGS

This class will run 8-10 weeks. Relatives will learn 10 Lakota/Dakota prayer songs. Open to all.

# Facilitator: Michael OConnor

Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave., Sioux Falls SD 57104 (Use 13th St Entrance) Thursdays, 6pm

# **WELLBRIETY**

Wellbriety is a 12-Step meeting and recovery program developed by White Bison. Rooted in the teachings of Medicine Wheel, The Cycle of Life, and the Four Laws of Changes, this group is open to everyone. Open to all.

## Location

VIRTUAL; Facilitator: Michael O'Connor

To join meeting, use the meeting ID, link, or scan the QR code.

Zoom Meeting ID: 813 3235 9090 Passcode: 123456 https://bit.ly/SDUIHrecovery

To use a phone to call in, dial: 1-669-444-9171

Mondays, 6pm Tuesdays, 11am Wednesdays, 7pm

