

SDUIH PIERRE ACTIVITIES CALENDAR

November

Waniyetu Wi The Winter Moon

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
			-		7	5-10 PM
2	Walking Group 11 am -12 pmRed Road 6-8 PM	 Alcoholics Anonymous 12-1 PM Red Road Cultural Connection 1-3 PM Therapeutic Crafts 6-8 PM 	Red Road Cultural Connection 6-8 PM Inipi 8 PM	 Therapeutic Crafts 1-3 PM Spiritual Group 6-8 PM 	● Walking Group 8:30 - 9:30 AM	Inipi5-10 PM
9	Walking Group 11 am -12 pm Red Road 6-8 PM	SDUIH will be closed for Veterans Day	Red Road Cultural Connection 6-8 PM Inipi 8 PM	Therapeutic Crafts 1-3 PM Spiritual Group 6-8 PM	• Walking Group 8:30 - 9:30 AM	15 • Inipi 5-10 PM
16	Walking Group 11 am -12 pmRed Road 6-8 PM	18 Alcoholics Anonymous 12-1 PM Red Road Cultural Connection 1-3 PM Therapeutic Crafts 6-8 PM Community Dinner 5:30 - 7 pm	Red Road Cultural Connection 6-8 PMInipi 8 PM	Therapeutic Crafts 1-3 PM Spiritual Group 6-8 PM	• Walking Group 8:30 - 9:30 AM	22 • Inipi 5-10 PM
23	24 Walking Crown	25 Alcoholics Anonymous 12-1 PM	26 SDUIH will be	27 SDUIH will be closed for Thanksgiving and	28	29
30	Walking Group 11 am -12 pm	Red Road Cultural Connection 1-3 PM Therapeutic Crafts 6-8 PM	closing at 2 pm for Thanksgiving	re-open Dec. 1		



Contact Leta Wise Spirit at 605-403-9154 with questions

Groups will meet at SDUIH Pierre Clinic. 339 S. Pierre Street | Pierre, SD 57501 Inipi is held at Waka Sica Reconciliation Site Fort Pierre, SD 57501 *Pending weather conditions

UPCOMING EVENTS:

Community Dinner and Craft will be held on Thursday, November 20th



CULTURAL GROUP ACTIVITIES

INIPI Inipi sweat purification ceremony is open to all Indigenous community members seeking spiritual connection. During Inipi, we will be mindful of those in attendance, taking care that all of our relatives feel safe. Please do not attend if you are on your moon time.

Inipi is open to men, women, children, Two-Spirit, and gender diverse community members seeking spiritual connection.

Facilitator: Leta Wise Spirit

RED ROAD APPROACH Red Road Approach recovery groups offer a cognitive and experiential curriculum on Native American/Indigenous philosophies, activating the spirit for individuals, families, and communities. Participants will be guided through lessons on the impacts of alcohol and drugs on the mind, body, and spirit. This curriculum is a 10-week adult program that meets on a weekly basis.

Facilitator: Leta Wise Spirit

THERAPEUTIC CRAFTS Join us for coffee, laughter, and traditional craft making! Open to the community. Enjoy a nice cup of coffee and work on traditional crafts, like beading and sewing, with help from the experts.

Facilitator: Leta Wise Spirit

POSITIVE INDIAN PARENTING Positive Indian Parenting (PIP) is an 8-week parent training class for Indigenous parents, caregivers, and non-Native foster parents Indigenous children, and others who strive to be more positive in their approach to parenting. PIP offers participants a structured exploration of traditional American Indian and Alaska Native values concerning parents and helps participants apply those values in a modern setting.

Facilitator: Leta Wise Spirit

SPIRITUAL GROUP Join us for a safe space for those seeking support, healing, and a time to connect with others in the community. Members will be guided through topics such as cultural values, language, and continued selfhealing. All are welcome.

Facilitator: Leta Wise Spirit

ALCOHOLICS ANONYMOUS If you are experiencing substance use disorder (SUD). we invite you to join us each week in a confidential setting to share your experience and support other group members on your journey to recovery. Alcoholics Anonymous follows a 12-step program. Anyone is welcome.

Facilitator: Ellen Durkin, CSW-PIP,QMHP