



## SDUIH PIERRE ACTIVITIES CALENDAR

# October

Chanwape Kasna Wi

*The moon of falling leaves*

# 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 ● Red Road Cultural Connection 6-8 PM ● Inipi 8 PM	2 ● Spiritual Group 6-8 PM	3 ● Therapeutic Crafts 1-3 PM ● Red Road 6-8 PM	4 ● Inipi 5-10 PM
5	6 ● Walking Group 11 am-12 pm	7 ● Red Road Cultural Connection 1-3 PM ● Therapeutic Crafts 6-8 PM	8 ● Alcoholics Anonymous luncheon 12-1 PM ● Red Road Cultural Connection 6-8 PM ● Inipi 8 PM	9 ● Spiritual Group 6-8 PM	10 ● Walking Group 8:30 - 9:30 AM ● Therapeutic Crafts 1-3 PM ● Red Road 6-8 PM	11 ● Inipi 5-10 PM
12	13 <b>SDUIH will be closed for Native American Day</b>	14 ● Alcoholics Anonymous 12-1 PM ● Red Road Cultural Connection 1-3 PM ● Therapeutic Crafts 6-8 PM	15 ● Red Road Cultural Connection 6-8 PM ● Inipi 8 PM	16 ● Spiritual Group 6-8 PM	17 ● Walking Group 8:30 - 9:30 AM ● Therapeutic Crafts 1-3 PM ● Red Road 6-8 PM	18 ● Inipi 5-10 PM
19	20 ● Walking Group 11 am-12 pm	21 ● Alcoholics Anonymous 12-1 PM ● Red Road Cultural Connection 1-3 PM ● Therapeutic Crafts 6-8 PM	22 ● Red Road Cultural Connection 6-8 PM ● Inipi 8 PM	23 ● Spiritual Group 6-8 PM	24 ● Walking Group 8:30 - 9:30 AM ● Therapeutic Crafts 1-3 PM ● Red Road 6-8 PM	25 ● Inipi 5-10 PM
26	27 ● Walking Group 11 am-12 pm	28 ● Alcoholics Anonymous 12-1 PM ● Red Road Cultural Connection 1-3 PM ● Therapeutic Crafts 6-8 PM	29 ● Red Road Cultural Connection 6-8 PM ● Inipi 8 PM	30 <b>Community Dinner 5:30 - 7 pm</b>	31 ● Walking Group 8:30 - 9:30 AM ● Therapeutic Crafts 1-3 PM ● Red Road 6-8 PM	

**Contact Leta Wise Spirit at 605-403-9154 with questions**

Groups will meet at SDUIH Pierre Clinic.

339 S. Pierre Street | Pierre, SD 57501

Inipi is held at Waka Sica Reconciliation Site

Fort Pierre, SD 57501

*\*Pending weather conditions*

### UPCOMING EVENTS:

SDUIH will be closed on  
October 13 for Native  
American Day



**SDUIH**  
South Dakota Urban Indian Health  
INTEGRATED CARE FOR ALL



SDUIH

South Dakota Urban Indian Health

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# CULTURAL GROUP ACTIVITIES

## INIPI

Inipi sweat purification ceremony is open to all Indigenous community members seeking spiritual connection. During Inipi, we will be mindful of those in attendance, taking care that all of our relatives feel safe. Please do not attend if you are on your moon time.

*Inipi is open to men, women, children, Two-Spirit, and gender diverse community members seeking spiritual connection.*

**Facilitator: Leta Wise Spirit**

## RED ROAD APPROACH

Red Road Approach recovery groups offer a cognitive and experiential curriculum on Native American/Indigenous philosophies, activating the spirit for individuals, families, and communities. Participants will be guided through lessons on the impacts of alcohol and drugs on the mind, body, and spirit. This curriculum is a 10-week adult program that meets on a weekly basis.

**Facilitator: Leta Wise Spirit**

## THERAPEUTIC CRAFTS

Join us for coffee, laughter, and traditional craft making! Open to the community. Enjoy a nice cup of coffee and work on traditional crafts, like beading and sewing, with help from the experts.

**Facilitator: Leta Wise Spirit**

## POSITIVE INDIAN PARENTING

Positive Indian Parenting (PIP) is an 8-week parent training class for Indigenous parents, caregivers, and non-Native foster parents Indigenous children, and others who strive to be more positive in their approach to parenting. PIP offers participants a structured exploration of traditional American Indian and Alaska Native values concerning parents and helps participants apply those values in a modern setting.

**Facilitator: Leta Wise Spirit**

## SPIRITUAL GROUP

Join us for a safe space for those seeking support, healing, and a time to connect with others in the community. Members will be guided through topics such as cultural values, language, and continued self-healing. All are welcome.

**Facilitator: Leta Wise Spirit**

## ALCOHOLICS ANONYMOUS

If you are experiencing substance use disorder (SUD), we invite you to join us each week in a confidential setting to share your experience and support other group members on your journey to recovery. Alcoholics Anonymous follows a 12-step program. Anyone is welcome.

**Facilitator: Ellen Durkin, CSW-PIP, QMHP**