



SDUIH SIOUX FALLS ACTIVITIES CALENDAR

JULY

Chanha Sapa Wi
The Moon when the chokecherries are black

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
			● Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral	● Red Road Talking Circle 12:15 PM @ St. Francis House ● Beading + Sewing 6-8 PM ● Red Road Ašniyapi Ošpaye 8 PM	SDUIH will be closed for Independence Day Location: Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	
6	7	8	9	10	11	12
			● Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral	● Red Road Talking Circle 12:15 PM @ St. Francis House ● Beading + Sewing 6-8 PM ● Red Road Ašniyapi Ošpaye 8 PM	Location: Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	
13	14	15	16	17	18	19
			● Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral	● Red Road Talking Circle 12:15 PM @ St. Francis House ● Beading + Sewing 6-8 PM Lakota/Dakota Songs Class 6-7:30 pm ● Red Road Ašniyapi Ošpaye 8 PM	Location: Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	
20	21	22	23	24	25	26
	● Wellbriety Talking Circle 6 PM @ The Link 132 N. Dakota Ave.	● Wellbriety Meeting 11 AM - 12:30 PM @Traditional RM, SDUIH 1200 N West Ave	● Virtual Recovery Group - Wellbriety on Zoom - 7 pm ● Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral	● Red Road Talking Circle 12:15 PM @ St. Francis House ● Beading + Sewing 6-8 PM ● Lakota/Dakota Songs Class 6-7:30 pm ● Red Road Ašniyapi Ošpaye 8 PM	Location: Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	
27	28	29	30	31		
	● BACK-TO SCHOOL BASH 10 AM - 2 PM SDUIH 1200 N West Ave ● Wellbriety Talking Circle 6 PM @ The Link 132 N. Dakota Ave.	● BINGO 2 PM @Traditional RM, SDUIH 1200 N West Ave ● Wellbriety Meeting 11 AM - 12:30 PM @Traditional RM, SDUIH 1200 N West Ave	● Virtual Recovery Group - Wellbriety on Zoom - 7 pm ● Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral	● Red Road Talking Circle 12:15 PM @ St. Francis House ● Beading + Sewing 6-8 PM ● Lakota/Dakota Songs Class 6-7:30 pm ● Red Road Ašniyapi Ošpaye 8 PM	Location: Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	

Contact SDUIH at 605-339-0420 with questions.

Groups will meet at the locations noted above.

Thanks to our community partners for sharing their space with us and our relatives!

Visit our events page to view our interactive calendar!

<https://sduih.org/events/sioux-falls-calendar/>

UPCOMING EVENTS:



SDUIH
South Dakota Urban Indian Health
est. 1987
INTEGRATED CARE FOR ALL



SDUIH

South Dakota Urban Indian Health

est. 1977

INTEGRATED CARE FOR ALL

CULTURAL GROUP ACTIVITIES

BEADING + SEWING

Join us for coffee, laughter, and traditional craft making! Open to the community. Enjoy a nice cup of coffee and work on traditional crafts, like beading and sewing, with help from the experts.

Facilitator: Ebony Tiger

Tiospaye Wakan @ Calvary Cathedral
500 S. Main Ave., Sioux Falls SD 57104

RED ROAD TALKING CIRCLE

Talking Circles are rooted in Native American traditions and offer a place for individuals to connect with themselves and others through dialogue and storytelling. All are welcome to join this safe space to share their thoughts, feelings, and experiences of recovery.

Red Road Talking Circles, regardless of location, are open to anyone from the community!

LAKOTA/DAKOTA SONG CLASS

This will be a 12-week class during which Relatives will have the opportunity to learn 10 songs. Open to all

Facilitator: Michael O'Connor

Thursday 6:00 - 7:30 pm

TIOSPAYE WAKAN CALVARY CATHEDRAL

WELLBRIETY

Wellbriety is a 12-Step meeting and recovery program developed by White Bison. Rooted in the teachings of Medicine Wheel, The Cycle of Life, and the Four Laws of Changes, this group is open to everyone. Open to all.

Facilitator: Michael O'Connor

Tuesdays, 11am

SDUIH Clinic

1200 N West Ave., Sioux Falls SD 57104

Locations

- **The Link;** Facilitator: Michael O'Connor
132 N. Dakota Ave., Sioux Falls SD 57104
- **St. Francis House;** Facilitator: Nikki Schoffelman
210 N. Sherman Ave, Sioux Falls SD 57103
- **Tiospaye Wakan @ Calvary Cathedral;** Facilitator: Nikki Schoffelman
500 S. Main Ave., Sioux Falls SD 57104 (Use 13th St. entrance)

VIRTUAL RECOVERY GROUP

Wellbriety is a 12-step meeting and recovery group developed by White Bison. Rooted in the teaching of the Medicine Wheel, the Cycle of Life, and the Four Laws of Change, this group is open to everyone. Wellbriety on Zoom, 7pm every Wednesday

Join Meeting Using
QR Code, Link, or Meeting Info



<https://bit.ly/3YUvA6B>

Meeting ID: 898 3334 6327
Passcode: 748346