

SDUIH SIOUX FALLS ACTIVITIES CALENDAR

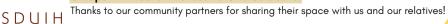
JULY

Chanha Sapa Wi The Moon when the chokecherries are black

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral	 Red Road Talking Circle 12:15 PM @ St. Francis House Beading + Sewing 6-8 PM Red Road Ašniyapi Ošpaye 8 PM 	4 SDUIH will be closed for Independence Day Location: Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	5
6	7	8	9 Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral	 10 Red Road Talking Circle 12:15 PM @ St. Francis House Beading + Sewing 6-8 PM Red Road Ašniyapi Ošpaye 8 PM 	11 Location: Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	12
13	14	15	 Beading + Sewing 11 AM - 1 PM	17 Red Road Talking Circle 12:15 PM @ St. Francis House Beading + Sewing 6-8 PM Lakota/Dakota Songs Class 6-7:30 pm Red Road Ašniyapi Ošpaye 8 PM	18 Location: Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	19
20	 Wellbriety Talking Circle 6 PM @ The Link 132 N. Dakota Ave. 	22 Wellbriety Meeting 11 AM - 12:30 PM @Traditional RM, SDUIH 1200 N West Ave	 23 Virtual Recovery Group - Wellbriety on Zoom - 7 pm Beading + Sewing 11 AM - 1 PM @ Tiospaye Wakan Calvary Cathedral 	24 Red Road Talking Circle 12:15 PM @ St. Francis House Beading + Sewing 6-8 PM Lakota/Dakota Songs Class 6-7:30 pm Red Road Ašniyapi Ošpaye 8 PM	25 Location: Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	26
27	28 BACK-TO SCHOOL BASH 10 AM - 2 PM SDUIH 1200 N West Ave Wellbriety Talking Circle 6 PM @ The Link 132 N. Dakota Ave.	29 BINGO 2 PM @Traditional RM, SDUIH 1200 N West Ave Wellbriety Meeting 11 AM - 12:30 PM @Traditional RM, SDUIH 1200 N West Ave	 30 Virtual Recovery Group - Wellbriety on Zoom - 7 pm Beading + Sewing 11 AM - 1 PM © Tiospaye Wakan Calvary Cathedral 	 Red Road Talking Circle 12:15 PM @ St. Francis House Beading + Sewing 6-8 PM Lakota/Dakota Songs Class 6-7:30 pm Red Road Ašniyapi Ošpaye 8 PM 	Location: Tiospaye Wakan @ Calvary Cathedral 500 S. Main Ave. (13th St entrance)	

Contact SDUIH at 605-339-0420 with questions. Groups will meet at the locations noted above.



UPCOMING EVENTS:

Sour Date unan infan Heath INTEGRATED CARE FOR ALL https://sduih.org/events/sioux-falls-calendar/



GROUP ACTIVITIE CULTURAL **BEADING + SEWING** Join us for coffee, laughter, and traditional craft making! Open to the community. Enjoy a nice cup of coffee and work on traditional crafts, like beading and sewing, with help from the experts. *Facilitator: Ebony Tiger* Tiospaye Wakan @ Calvary Cathedral

500 S. Main Ave., Sioux Falls SD 57104

RED ROAD TALKING CIRCLE Talking Circles are rooted in Native American traditions and offer a place for individuals to connect with themselves and others through dialogue and storytelling. All are welcome to join this safe space to share their thoughts, feelings, and experiences of recovery.

Red Road Talking Circles, regardless of location, are open to anyone from the community!

LAKOTA/DAKOTA SONG CLASS

This will be a 12-week class during which Relatives will have the opportunity to learn 10 songs. Open to all *Facilitator: Michael O'Connor* Thursday 6:00 - 7:30 pm TIOSPAYE WAKAN CALVARY CATHEDRAL

WELLBRIETY

Wellbriety is a 12-Step meeting and recovery program developed by White Bison. Rooted in the teachings of Medicine Wheel, The Cycle of Life, and the Four Laws of Changes, this group is open to everyone. Open to all.

Facilitator: Michael O'Connor

Tuesdays, 11am SDUIH Clinic 1200 N West Ave., Sioux Falls SD 57104

Locations

- The Link; Facilitator: Michael O'Connor 132 N. Dakota Ave., Sious Falls SD 57104
- St. Francis House; Facilitator: Nikki Schoffelman 210 N. Sherman Ave, Sioux Falls SD 57103
- **Tiospaye Wakan @ Calvary Cathedral;** Facilitator: Nikki Schoffelman 500 S. Main Ave., Sioux Falls SD 57104 (Use 13th St. entrance)

VIRTUAL RECOVERY GROUP

Wellbriety is a 12-step meeting and recovery group develop by White Bison. Rooted in the teaching of the Medicine Wheel, the Cycle of Life, and the Four Laws of Change, this group is open to everyone. Wellbriety on Zoom, 7pm every Wednesday

Join Meeting Using QR Code, Link, or Meeting Info



<u>https://bit.ly/3YUvA6B</u> Meeting ID: 898 3334 6327 Passcode: 748346