



SOMATIC ARCHAEOLOGY

“A Best Practice Healing Technique That Allows Healing Through Excavation of the Body”

“Within each body is an archaeological site that holds the details and wisdom of our extraordinary life story, composed of generational, spiritual, and personal experiences.

Historical amnesia locks these stories in the body, manifesting as pain, disease, addictions, emotional patterns, and repetitive circumstances.

Somatically excavating your personal legend unearths memories of the past that can be reconciled and healed in order to create a new myth-for your body and for your Earth.” Dr. Ruby Gibson

*Somatic Archaeology developed by Dr. Ruby Gibson; Freedom Lodge

Free Individual Somatic Archeology Sessions available

(Tuesdays from 10 AM—12 Noon, 1—4 PM)

with

Theresa Henry; BA, HTMC

Please call Theresa @ 335-2544 if Interested

